

## **Confidentiality and Exceptions**

Contents of all therapy sessions are considered to be confidential: Verbal information and written records about a patient can not be shared with another party without your written consent. However, there are Federal and State Law exceptions as follows:

### **Duty to Warn and Protect**

When a patient discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In situations in which the patient discloses or implies suicide, the health care professional is required to notify legal authorities and make reasonable attempts to notify the patient's family.

### **Abuse of Children and Vulnerable Adults**

If a patient states or suggests that he/she is abusing a child (or vulnerable adult) or has recently abused a child (or vulnerable adult), or there is danger of imminent abuse, then the mental health professional is required to report this information to appropriate legal authorities and social services.

### **Prenatal Exposure to Potentially Harmful Substances**

Mental health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

### **Minors/Guardianship**

Parents or legal guardians of non-emancipated minors patients have the right to access patient records.

### **Insurance Providers (when applicable)**

Insurance Providers and other 3rd-Party payers are given information that they required regarding services to patients. Information that may be requested includes type of service, date/times of services, diagnoses, treatment plan, and description of impairment, progress of therapy, case notes, and summaries.

I have read and understand and agree to Limits of Confidentiality.

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PRINT YOUR NAME

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*SIGNATURE OF YOUR NAME & DATE*